

**To book your place on Walk for Wadars on Sunday 21/09/25, please complete this form and return it along with a cheque or cash for your entry donations to Wadars, Hangleton Lane, Ferring, West Sussex, BN12 6PP. There is an entry fee of £5. Once you have registered you will receive your sponsorship form.**

Name of participant …………………………………………………………………………………………………………………...……………………………….

Address …………………………………………………………………………………………………………………………………………...………………………….

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Postcode ………………………………………………Contact number ………………………………………………………………...………………………..

Email address ……………………………………………………………………………………………………………………............................................

Emergency contact number for the day of the event *(ie if we need to contact someone on your behalf) …………………….*

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Which distance are you planning to complete? 5miles ………. 2.5 miles ……….

Are you walking as part of a group? Yes/No

If yes, please list names of all participants:

Name …………………………….….…………………………………………………………………………Age if under 16 years ……………………..……

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Name ……………………………………………………………………………………………………………. Age if under 16 years …………………….…….

Please list any medical conditions which the organisers might need to be aware of……………………………………………….….

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**Guidelines and disclaimer**

All participants take part in Walk for Wadars entirely at their own risk. Wadars shall not be liable, or accept liability, for any accidents, injury, loss, or damage sustained as a consequence of participation in the event. Participants are advised to wear suitable clothing and footwear for a five mile walk and be prepared for the weather conditions on the day. Participants should carry any medication that may be required for example asthma inhalers. Any participant who has doubts about their fitness or ability to take part should consult their GP or a suitably qualified health professional before participating.

An emergency contact number will be supplied to all participants prior to the walk and walkers should ensure they have both this number and a phone with them during the event. Participants should notify the walk organisers of any medical conditions that they need to be aware of.

Participants are required to register on arrival at the start before beginning the walk and on their return at the end of the walk to ensure walkers’ safety. There will also be checkpoints at the Canadian War Memorial and Worthing Pier.

If you are bringing a dog, you must ensure that your dog is under control at all times and provide any food and water required. Wadars will have poop bags available at the registration desk.

All participants under 16 years of age must be accompanied by an adult. By submitting your entry form you agree to the above guidelines and disclaimer.

At Wadars, we are committed to keeping your personal information safe. We will store your data so that we can correspond with you as necessary about the event you have signed up to participate in; to keep you informed about our work, and how the money you have raised has helped the animals in our care.

Signed …………………………………………………………………………………………… Date ……………………………………………………



Registered charity number 1149884.